

# Cleaning SCHEDULE

## Monday

Laundry – Colors (AM)  
Wash all floors  
Vacuuming

## Tuesday

Off

## Wednesday

Laundry – Colors (AM)  
Collect garbage and put out  
Grocery shopping

## Thursday

Ironing

## Friday

Clean bathrooms  
Dusting

## Saturday / Sunday

Laundry – Colors, whites & sheets  
Appliance maintenance  
Deep clean items

### Morning

Reset upper floor  
Home Administration  
Breakfast  
AM activity

### Afternoon

Cleaning items  
Meal prep  
Yoga and meditation

### Evening

Prep upper floor  
Child led play  
Dinner  
Family time!