

Cleaning SCHEDULE

Monday

Laundry – Colors (AM)
Wash all floors
Vacuuming

Tuesday

Off

Wednesday

Laundry – Colors (AM)
Collect garbage and put out
Grocery shopping

Thursday

Ironing

Friday

Clean bathrooms
Dusting

Saturday / Sunday

Laundry – Colors, whites & sheets
Appliance maintenance
Deep clean items

Morning

Reset upper floor
Home Administration
Breakfast
AM activity

Afternoon

Cleaning items
Meal prep
Yoga and meditation

Evening

Prep upper floor
Child led play
Dinner
Family time!